

Day of week name

English day name, full or abbreviated.

```
^(Monday|Tuesday|Wednesday|Thursday|Friday|Saturday|Sunday|Mon|Tue|Wed|Thu|Fri|Sat|Sun)$
```

Token-by-token breakdown

Token	Meaning
^	start of string (or line in multiline mode)
(	start of a capturing group
Monday	literal text "Monday"
	OR — try the alternative
Tuesday	literal text "Tuesday"
	OR — try the alternative
Wednesday	literal text "Wednesday"
	OR — try the alternative
Thursday	literal text "Thursday"
	OR — try the alternative
Friday	literal text "Friday"
	OR — try the alternative
Saturday	literal text "Saturday"
	OR — try the alternative
Sunday	literal text "Sunday"
	OR — try the alternative
Mon	literal text "Mon"
	OR — try the alternative
Tue	literal text "Tue"
	OR — try the alternative
Wed	literal text "Wed"
	OR — try the alternative
Thu	literal text "Thu"
	OR — try the alternative
Fri	literal text "Fri"
	OR — try the alternative
Sat	literal text "Sat"

Token	Meaning
	OR — try the alternative
Sun	literal text "Sun"
)	end of group
\$	end of string (or line in multiline mode)

Quick usage in 7 languages

JavaScript	<pre>const re = /^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun)\$/; re.test(value);</pre>
Python	<pre>import re re.match(r"^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun)\$", value)</pre>
Java	<pre>Pattern.compile("^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun)\$").matcher(value).matches();</pre>
C# / .NET	<pre>Regex.IsMatch(value, @"^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun)\$");</pre>
Go	<pre>regexp.MustCompile(`^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun)\$`).MatchString(value)</pre>
Ruby	<pre> /^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun) \$/ .match?(value)</pre>
PHP	<pre>preg_match('~^(Monday Tuesday Wednesday Thursday Friday Saturday Sunday Mon Tue Wed Thu Fri Sat Sun)\$~', \$value);</pre>

Common pitfalls

- **Anchored to the whole string.** This pattern uses ^ and \$, so it requires the entire input to match. To find it inside a longer text, drop the anchors and use the global (g) flag.
- **Validate beyond format.** Matching the format doesn't guarantee the value is real. Confirm the day of week name against a source of truth (database, API, or checksum) where it matters.